

9TH FFN VIRTUAL GLOBAL CONGRESS 2021

The 9th Global Congress will take place virtually from 28–30 September 2021. The congress motto “Ensuring Smooth Transitions in Fracture Care and Management” points out that post-fracture care requires involvement of professionals from multiple disciplines as well as involvement of family and friends. September 28 will be devoted to three regional meetings hosted by committees in Asia Pacific, Europe, and Latin America, as well as special programs for nurses and physiotherapists. During the three-day congress, all aspects of osteoporosis, fracture management, hip fracture, fracture prevention and rehabilitation will be covered.

Reasons to attend include:

- » **Networking:** The virtual congress will give you ample opportunity to meet new colleagues and catch up with old acquaintances – it is not just about you meeting the right people – it is also about the right people meeting you.
- » **Knowledge and takeaways:** FFN 2021 provides a unique platform to learn about new technical developments, state-of-the-art interventions and international research and to interact with leading clinicians, researchers, other professional health workers and stake holders. If there is something specific that you want to know, there will be many opportunities for you to seek answers.
- » **Learn something new outside your field:** Broaden your horizons and gain an eclectic overview of what is shaping the Fragility Fracture Network. Who knows, you might find the solution to a problem or inspiration discussing hot topics with orthogeriatricians, anaesthesiologists and surgeons.

Further information at: https://www.fragilityfracturenetwork.org/project/ffn_congress_2021/ - it is anticipated that registration will open in March 2021.

#JOINTHEFFN

Our new membership portal makes it easy to become an FFN member. It is free to join and you will have access to many great resources, articles and presentations.

Just go to

<https://www.fragilityfracturenetwork.org/membership/> and click on “Join the FFN”. The new membership portal will allow members to choose the Special Interest Groups that appeal to them and keep up to date on their work throughout the year and at each annual congress.

Competitive Grant Program in Bone Research

<https://www.fragilityfracturenetwork.org/news/latest-news/>

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**FFN 2021
VIRTUAL
SAVE THE DATE**



FFN TOOLKIT TRANSLATIONS PUBLISHED ONLINE

The following translations of the FFN Toolkits are available at www.fragilityfracturenetwork.org/cta/

Clinical Toolkit: English, Italian, Mandarin, Spanish
Policy Toolkit: Arabic, English, Mandarin, Spanish

The Arabic translation of the Clinical Toolkit is almost complete. The Japanese, Traditional Chinese (for Taiwan) and Thai translations are also in progress and plans are in progress for further translations soon.

FFN members are encouraged to make colleagues in the various countries aware that these translations are available so that the Toolkits can start to help turn the Call to Action into Actual Action.

FFN Clinical Toolkits provide guides to practical implementation of Pillars I-III of the FFN Call to Action (CtA) while Policy Toolkits provide guidance and support for colleagues seeking to engage with policymakers to bring about changes to policy that will enable widespread implementation of Pillars I-III.

Policy Toolkit: Arabic, English, Mandarin, Spanish



Clinical Toolkit: English, Italian, Mandarin, Spanish



FFN COMMUNICATIONS COMMITTEE SEEKS NEW MEMBERS TO HELP DELIVER THE COMMUNICATIONS STRATEGY

The FFN has always been keen to reach across the globe by communicating with clinicians, researchers and other stakeholders involved in fragility fracture management and prevention. This has become increasingly important as FFN has progressed towards achieving its [Call to Action](#) for implementation of a systematic approach to fragility fracture care with the goal of restoring function and preventing subsequent fractures without further delay.

The work of communicating with FFN members, the wider Global Fragility Fracture community and stakeholders is led by the Communications Committee. This committee is currently relatively small, and expansion is needed to help achieve communication goals.

The Communications Committee extends this invitation to FFN members to join the committee. Expressions of interest are sought from members in any part of the globe who are interested in supporting the network in communicating its vital messages. In particular, the committee would like to encourage expressions of interest from members from across all FFN regions who can help with the FFN communications strategy, social media support, development of the web site and the newsletter.

Expressions of interest should be sent by email to:

pauljames.mitchell@icloud.com

FFN ENDORSES GLOBAL FALLS INITIATIVE

FFN has endorsed, along with other organizations, an initiative of the Global Falls Guidelines Task Force:

“New Horizons in Falls Prevention and Management for Older Adults: A Global Perspective: A Worldwide Task Force Developing Global Clinical Practice Guideline for the Prevention and Management of Falls in Older Adults: Towards an International Consensus”.

Falls and fall-related injuries are common in older adults and a significant factor in fragility fracture. Current clinical approaches and advice from guidelines vary substantially between countries and settings, warranting a standardized approach. At the first World Congress on Falls and Postural Instability in December 2019, a worldwide task force of experts in falls discussed working towards achieving a global consensus on updating clinical practice guidelines for falls prevention and management by incorporating current and emerging advances in falls research. A steering committee to guide the directions of the task force along with ten working groups have been created to provide preliminary evidence-based recommendations. A cross-cutting theme of the patient’s perspective was also created. A worldwide multidisciplinary group of experts and stakeholders will review the evidence-based recommendations proposed by the task force and participate in a Delphi process to achieve consensus for the final recommendations. Further detail of publication related to this initiative will be provided in future newsletters.



SAD NEWS REGARDING LONG-TIME FFN COLLEAGUE

We are very sad to report that Toby King, long-time FFN colleague who dedicated much of his life to improving bone health, died on December 29th. Toby was a friend and advisor to many and supported the Fragility Fracture Network in many ways over the years. Most recently, he was working with the FFN to plan the Toronto Congress. This is a great loss to the bone health world and Toby's wise advice and contributions will be missed by many. An obituary to Toby can be found at: <https://www.legacy.com/us/obituaries/chicagotribune/name/toby-king-obituary?pid=197426359>

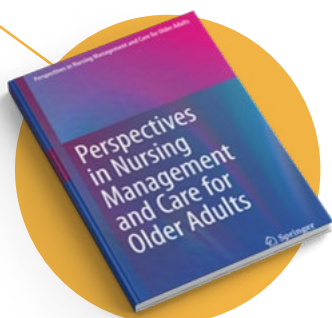
FORTHCOMING EVENTS

All FFN face-to-face meetings, congresses and events are currently postponed due to COVID-19 global restrictions on gatherings and travel. FFN boards and committees are working on bridging the gaps in FFN's activity that this creates by seeking online solutions to enable meetings to go ahead in the future. Such solutions will either enable events to take place entirely online or through a blended mixture of online and face-to-face events. Further details will be published in this newsletter and on the FFN website. See page 1 of this newsletter for details of the forthcoming Virtual FFN 9th Global Congress 28-30 September 2021.

SPRINGER BOOK SERIES: PERSPECTIVES IN NURSING MANAGEMENT AND CARE FOR OLDER ADULTS

The aim of this book series is to provide a comprehensive guide to nursing management and care for older adults, addressing specific problems in nursing and allied health professions. It provides a unique resource for nurses, enabling them to provide high-quality care for older adults in all care settings, including fragility fracture care. The respective volumes are designed to provide practitioners with highly accessible information on evidence-based management and care for older adults, with a focus on practical guidance and advice.

Four titles have already been published with a forthcoming title due for publication later in 2021: "Multidisciplinary Nutritional Management and Care for Older Adults: an Evidence-Based Practical Guide for Nurses". The existing titles focus on: "Understanding Ageing for Nurses and Therapists", "Fragility Fracture Nursing", "Nursing Older People with Arthritis and other Rheumatological Conditions" and "Pain Management in Older Adults". The "Fragility Fracture Nursing" title is available as an open access eBook as will also be the forthcoming nutrition title.



PUBLICATION WATCH

APTA - CLINICAL PRACTICE GUIDELINES FOR PHYSICAL THERAPY MANAGEMENT OF OLDER ADULTS WITH HIP FRACTURE

Clinical Practice Guidelines for physical therapy management of older adults with hip fracture have been developed by the Academy of Orthopaedic Physical Therapy and the Academy of Geriatric Physical Therapy of the American Physical Therapy Association. These have been published in the February 2021 issue of the Journal of Orthopaedic & Sports Physical Therapy. The main guideline "Physical Therapy Management of Older Adults With Hip Fracture" can be downloaded [here](#).

A shorter version, with perspectives for clinical physical therapy practice, "Physical Therapy After a Low-Energy Hip Fracture in Older Adults: Using the Evidence to Guide Physical Therapist Practice", can be downloaded [here](#). A third paper, "Physical Therapy After Hip Fracture in Older Adults: What New Guidelines Mean for You", provides perspectives for patients and can be downloaded [here](#).

CAPTURE THE FRACTURE® PARTNERSHIP - GUIDANCE FOR POLICY SHAPING

Capture the Fracture® was developed by the International Osteoporosis Foundation to facilitate the implementation of coordinated, multi-disciplinary models of care for secondary fracture prevention (aka Fracture Liaison Services). It is recognized as the single most important step in directly improving patient care and reducing spiralling fracture-related healthcare costs worldwide. The IOF has recently released Capture the Fracture® Partnership - Guidance for Policy Shaping which provides a step-wise approach to building policy that is not only based on decades of dedicated, rigorous research but has also been repeatedly shown to improve patient outcomes, save money and save lives. It is targeted at the highest risk group; those who have already fractured, and so is termed Post-Fracture Care. This guidance document outlines the building blocks of an effective policy response.

IRISH HIP FRACTURE DATABASE REPORT (2019)

The latest (2019) IHFD report details 3,701 hip fracture cases in patients aged 60 years and over, discharged by 16 hospitals in 2019, which accounts for 99% of all hip fracture cases nationally.



FIRST PAN-ASIA PACIFIC MINIMUM CLINICAL STANDARDS PUBLISHED

The Asia Pacific Consortium on Osteoporosis (APCO) has launched the first pan-Asia Pacific clinical practice standards for the screening, diagnosis, and management of osteoporosis, targeting a broad range of high-risk groups: "Development of the Asia Pacific Consortium

on Osteoporosis (APCO) Framework: clinical standards of care for the screening, diagnosis, and management of osteoporosis in the Asia-Pacific region", Published in *Osteoporosis International*, 'The APCO Framework' comprises 16 minimum clinical standards set to serve as a benchmark for the provision of optimal osteoporosis care in the region.

We encourage you to visit the APCO website <https://apcobonehealth.org/>, and to follow the organisation on LinkedIn <https://www.linkedin.com/company/asia-pacific-consortium-on-osteoporosis/>.

ASIA PACIFIC FRAGILITY FRACTURE ALLIANCE (APFFA)

Launched in November 2018, the Asia Pacific Fragility Fracture Alliance (APFFA) comprises seven global and regional member organisations from the geriatrics, orthopaedics, osteoporosis and rehabilitation sectors, including the Fragility Fracture Network. The organisation's primary purpose is to drive policy change, improve awareness and change political and professional mindsets, to facilitate optimal fragility fracture management across Asia Pacific. APFFA's primary workflows are being delivered through Working Groups focusing on Education, Registries and Evidence Generation.

We encourage you to visit the APFFA website www.apfracturealliance.org and blog <https://apfracturealliance.org/blog/>, and to follow the organisation on LinkedIn <https://www.linkedin.com/company/asia-pacific-fragility-fracture-alliance/>.

FFN IS FREE TO JOIN

Encourage your colleagues to join FFN. Membership is free.

Click here to join

<https://www.fragilityfracturenetwork.org/membership/> and click on "Join the FFN".

JOURNAL WATCH

Brown, J.P., Adachi, J.D., Schemitsch, E. et al. Mortality in older adults following a fragility fracture: real-world retrospective matched-cohort study in Ontario. *BMC Musculoskelet Disord* 22, 105 (2021). <https://doi.org/10.1186/s12891-021-03960-z>

Choi, J.H.; Kim, B.R.; Nam, K.W.; Lee, S.Y.; Beom, J.; Lee, S.Y.; Suh, M.J.; Lim, J.-Y. Effectiveness of a Home-Based Fragility Fracture Integrated Rehabilitation Management (FIRM) Program in Patients Surgically Treated for Hip Fractures. *J. Clin. Med.* 2021, 10, 18. <https://doi.org/10.3390/jcm10010018>

Osaki, M., Okuda, R., Saeki, Y. et al. Efficiency of coordinator-based osteoporosis intervention in fragility fracture patients: a prospective randomized trial. *Osteoporos Int* (2021). <https://doi.org/10.1007/s00198-021-05825-6>

Orfanos, G., Al Kaisy, K., Jaiswal, A., Lim, J., Youssef, B. The effect of COVID-19 pandemic on the care of fragility hip fracture patients in the United Kingdom. A case control study in a major trauma centre. *The Surgeon* (2021). <https://doi.org/10.1016/j.surge.2021.01.008>

Rolland, Y., Cesari, M., Fielding, R.A. et al. Osteoporosis in Frail Older Adults: Recommendations for Research from the ICFSR Task Force 2020. *J Frailty Aging* 10, 168-175 (2021). <https://doi.org/10.14283/jfa.2021.4>

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