

Fragility Fracture Network

Physiotherapy Pre-Congress Workshop

Oxford, 27th August 2019, 10.00 – 16.00

Wolfson College / Room: Auditorium

Hip Fracture Rehabilitation: Overcoming Barriers and Realising Potential

Final programme		
09.30	Registration	Speakers
10.00	Introduction	David Keene, DPhil , University of Oxford, UK (Physio)
10.05	Fragility Fracture Network Global Call to Action	Prof Matt Costa, PhD , University of Oxford, UK (FFN President; Surgeon)
Morning session theme: Frailty and cognitive impairment		
10.15	Mobilisation after hip fracture: preliminary findings of a Cochrane review	Prof Cathie Sherrington, PhD , University of Sydney, Australia (Physio)
10.30	Inpatient rehabilitation for people with dementia who fracture their hip: experiences from the PERFECTED study	Toby Smith, PhD , University of Oxford, UK (Physio)
10.45	Community rehabilitation for people with dementia who fracture their hip: findings from a programme of research in the UK	Abi Hall, PhD , University of Exeter, UK (Physio)
11.00	Panel discussion	
11.10	Break 20 min	
11.30	Should we provide outreach rehabilitation to very old people living in Nursing Care Facilities after a hip fracture? Findings from a randomised controlled trial	Maggie Killington, PhD , Flinders University, Australia (Physio)
11.45	Rehabilitation after Hip Fracture for Nursing Home Residents: a controlled feasibility trial	Prof Lauren Beaupre, PhD , University of Alberta, Canada (Physio)
12.00	Panel discussion – implementing interventions in clinical practice	
12.15	Lunch	
Afternoon session theme: Optimising exercise interventions and fall prevention		
13.15	Effect of structured exercise interventions in the early phase to improve physical function after hip fracture – a systematic review and meta-analysis	Monica Beckmann , Bærum Hospital, Norway (Physio)

13.30	Home exercise after fracture – findings and clinical implications of the RESTORE trial	Prof Cathie Sherrington, PhD , University of Sydney, Australia (Physio)
13.45	Multifactorial intervention for hip and pelvic fracture patients with mild to moderate cognitive impairment: findings of the OF-CARE trial.	Anja Dautel , MAppSc, Robert-Bosch-Hospital, Stuttgart, Germany (Physio)
14.00	Progressive resistance exercise after hip fracture surgery – why and how to do it to maximise outcome in clinical practice	Morten Tange Kristensen, PhD , Copenhagen (Physio) University Hospital Hvidovre Lise Kronborg, PhD, University College Copenhagen (Physio) and Jan Overgaard, MSc, Lolland Municipality, Denmark (Physio)
14.30	Panel discussion - delivering exercise interventions in clinical practice	
14.45	Break 20 min	
15.05	Fall prevention: Latest evidence and practice implications	Prof Sallie Lamb, DPhil , University of Oxford, UK (Physio)
15.20	Findings from a Cochrane review of exercise for people with frailty	Daniel Treacy , University of Sydney, Australia (Physio)
15.35	Panel discussion	
15.45	Physiotherapy FFN Special Interest Group – becoming a member and ways forward, feedback on the day & closing remarks Twitter (https://twitter.com/FFN_PT_SIG) and LinkedIn (https://www.linkedin.com/groups/8678492/)	Cathie Sherrington and Lauren Beaupre
16.00	Close	