8th FFN Global Congress 28th–30th August 2019

Not long now to the FFN Congress in Oxford! There will be a number of workshops pre and post congress on the 27th and 31st including the physiotherapy and nursing workshops.

To find out more about these workshops visit: https://www.fragilityfracturenetwork.org/project/scientific-programme/

The full programme for the Congress is available at: https://www.fragilityfracturenetwork.org/project/congress-information/

The conference programme will consist of invited talks from international experts, plenary discussions, interactive updates, workshops and free papers.

We are looking forward to welcoming you to Oxford.

FFN UK

FFN UK has its first official event in Oxford on 8th May 2019. This was multidisciplinary meeting about best care for patients with hip fracture, bringing together over 130 leading experts from orthopaedics, geriatrics, anaesthesia, nursing, physiotherapy, occupational therapy, rehabilitation and secondary fracture prevention. Among many others, there were excellent talks from James Golding regarding standardised protocols for hip fracture anaesthesia and Karen Hertz about the future of nursing care for patients with fragility fractures. Special guest speakers included Tim Briggs, National Director for Clinical Quality and Efficiency for the UK NHS, and Alison Doyle, Clinical and Operations Director National Osteoporosis Society. A memorable contribution was from Nick Welsh, patient representative on the Board of FFN UK, who gave a personal view of the profound effects of fragility fracture upon both patients and their carers. Nick’s talk was both humbling and inspiring.

The focus for the day was on discussion and shared-learning, based around the three pillars of the Global Fragility Fracture Network: multidisciplinary acute care, rehabilitation and secondary fracture prevention. Everyone took home something new to incorporate into their clinical practice. FFN UK is proud that it’s next event will be a Symposium at the Global Congress 2019. We hope that many of you will join us.

http://ffnuk.org.uk/

Join the FFN

Our new membership portal makes it easy to become an FFN member. It is free to join and you will have access to many great resources, articles and presentations.

Just go to https://www.fragilityfracturenetwork.org/membership/ and click on "Join the FFN".

The new membership portal will allow members to choose the Special Interest Groups that appeal to them and keep up to date on their work throughout the year and at each annual congress.

Competitive Grant Program in Bone Research

Follow us on Twitter
#ffncongress | @FF_Network
The Vertebral Fragility Fracture SIG

Chairperson: Opinder Sahota,
Professor of Ortho-Geriatric Medicine,
Opinder.sahota@nuh.nhs.uk

Co-Chair Manuela Ferreira,
Associate Professor,
manuela.ferreira@sydney.edu.au

The aim of the SIG is to:

- Assemble a multi-disciplinary international FFN-SIG, to take a holistic approach to all aspects of diagnosis, management, rehabilitation and prevention of VFF.
- Oversee the development of an evidence-based model of care that would follow the clinical pathway/patient journey for all men and women with VFF.
- Disseminate the information to our professional colleagues, patients, policy makers and the wider community.

The Global conference allows a great opportunity to achieve these aims and the Dublin meeting in 2018 saw over 100 delegates attend the SIG meeting.

This year the Oxford FFN Global meeting promises an even more exciting workshop, workshop 2 (10:00 - 11:30) on the first day of the conference "Optimizing Acute Care of Vertebral Fragility Fracture: An Update on the Role of Augmentation, Bracing and Physical Therapy".

We have a range of international speakers tasked to look at 3 areas of controversy in the management of acute VFF: Victoria Goodwin, Associate Professor of Ageing and Rehabilitation, University of Exeter will give an update on the role of orthotics and taping in the management of VFF; Karen Barker, Professor Of Physiotherapy, University of Oxford, an update on the optimal manual techniques and exercise interventions in the management of VFF, with data from the PROVE (Physiotherapy Rehabilitation for Osteoporotic Vertebral Fracture) trial; and Opinder Sahota, Professor of Ortho-Geriatric Medicine, Nottingham University Hospitals in collaboration with AOSpine, discussing the recent Cochrane review on vertebroplasty.

The collaboration with AOSpine follows recent support by AOSpine Globally of the FFN Call to Action (at the recent Global Spine Congress, Toronto). Further planned collaboration is at the forthcoming AO Davos course in Dec 2019, the FFN Latin American Regional Expert Meeting, March 2020 and the Annual AO Global Spine Congress, Rio de Janeiro, May, 2020. We look forward to seeing you all and expanding the membership of the SIG.

ICON Conference Denmark 22nd-24th May

The recent International Collaboration of Orthopaedic Nursing (ICON) Conference took place in Kolding, Denmark and was attended by 195 nurses from 11 countries. Over the course of the congress there were hospital visits (trauma and elective) a visit to a nursing museum and two days of interactive and informative presentations many of which you can view via this link: https://www.youtube.com/channel/UCfmJ3jLmjWftePoa_YmGZuw

One of the many highlights of the congress was the presentation of the Fragility Fracture Nursing book resulting from the FFN San Servolo project which has now been downloaded almost 95,000 times and is being translated into other languages. It can be downloaded free here: https://www.springer.com/gp/book/9783319766805 Follow ICON on @org_icon

Picture, from Global Spine Congress, Toronto May 2019 Left to right: Mr Bryan Ashman Educational Chair AO Global Spine, Professor Opinder Sahota, Mr Mike Grevitt Past Education Chair AO Global Spine

Picture, from Global Spine Congress, Kolding Denmark Left to right: Prof Bjarne Hojberg, Chair ICON, Dr. Holger Valentin, Founder ICON; Prof Dr. Michael Hildebrandt, President AO Global Spine

Picture, from Global Spine Congress, Kolding Denmark Left to right: Mr Bryan Ashman Educational Chair AO Global Spine, Professor Opinder Sahota, Mr Mike Grevitt Past Education Chair AO Global Spine